

Child's Name: _____ Kids of the Kingdom Episcopal School Menu (Oct / Nov 2020)

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
(26) A) Cereal & Toast B) Spaghetti w/Meat Sauce / Mixed Vegetables / Pears C) Teddy Grahams & Pudding	(27) A) Pancakes B) Grilled Cheese Sandwiches / Carrots / Ranch / Bananas C) Granola Bars	(28) A) Pigs in a Blanket B) Beans & Cheese Tacos / Spanish Rice / Mandarin Oranges C) Fruit Salad	(29) A) French Toast Sticks B) Hamburgers / Bread / Corn / Mixed Fruit C) Cheese & Crackers	(30) A) Blueberry Muffins B) Pizza / Salad / Ranch / Pineapple / Cookies C) Trail Mix
(2) A) Cereal & Toast B) Fish Sticks / Green Beans / Mixed Fruit C) Baked Cheese Crackers	(3) A) English Muffins B) Chicken Salad Sandwiches / Cucumbers / Ranch / Apple Slices C) Goldfish & Raisins	(4) A) Toast & Jelly B) Steak Fingers / Mashed Potatoes / Mandarin Oranges C) Rice Krispies Treats	(5) A) Malt – O – Meal B) Beef & Rice / Carrots / Peaches C) Graham Crackers & Applesauce	(6) A) Cinnamon Toast B) Pizza / Salad / Ranch / Melon / Cookies C) Trail Mix
(9) A) Cereal & Toast B) Ham & Cheese Sandwiches / Carrots / Ranch / Peaches C) Animal Crackers & Yogurt	(10) A) Blueberry Muffins B) Chicken Nuggets / Tater Tots / Applesauce C) Fresh Fruit Cup	(11) A) Bagels w/Cream Cheese B) Cheese Enchilada Casserole / Pinto Beans / Pears C) Granola Bars	(12) A) Oatmeal B) Sweet & Sour Chicken / White Rice / Green Beans /Pineapple C) Cheese Wrap	(13) A) Bean & Cheese Tacos B) Pizza / Salad / Ranch /Strawberries / Cookies C) Trail Mix
(16) A) Cereal & Toast B) Hot Dogs / Bread / Carrots / Bananas C) Ranch Oyster Crackers	(17) A) Sausage & Cheese Biscuits B) Tuna Salad Sandwiches / Cucumbers / Ranch / Oranges C) Carrot Salad	(18) A) Cheese Toast B) Chicken Quesadillas / Green Beans / Peaches C) Apple Butter Sandwiches	(19) A) Pop Tarts w/Fruit B) Mac & Cheese w/Beef / Mixed Vegetables / Pears C) Wheat Thins & Cream Cheese	(20) A) Potato & Egg Tacos B) Pizza / Salad / Ranch / Apple Slices / Cookies C) Trail Mix
(23) A) Cereal & Toast B) Chicken Patties / Bread / Green Beans / Strawberries C) Goldfish & Raisins	(24) A) Breakfast Corn Dog B) Turkey & Cheese Sandwiches / Carrots / Ranch / Bananas C) Apple Cinnamon Rice Cakes	(25) A) Blueberry Muffins B) Pizza / Salad / Ranch / Oranges / Cookies C) Trail Mix	(26) Center Closed Happy Thanksgiving	(27) Center Closed
A) Breakfast (Milk & Water)	B) Lunch (Milk & Water)	C) P.M. Snack (Juice & Water)		

If your child is on the allergy list please put a line through the food item they cannot have and return the menu in your child's folder. Please provide a substitution for that item.