

Child's Name: _____ Kids of the Kingdom Episcopal School Menu (November 2018)

Mon	Tue	Wed	Thu	Fri
			(1) A) Oatmeal B) Steak fingers / Bread / Mixed Vegetables / Grapes C) Pudding / Graham Crackers	(2) A) Blueberry Muffins B) Pizza / Green Beans / Bananas / Cookies C) Trail Mix
(5) A) Cheerios B) Ravioli / Bread / Carrots / Pears C) Pretzels / Cheese Sticks	(6) A) Cinnamon Toast B) Turkey & Cheese Sand. / Chips Cucumbers / Ranch / Bananas C) Goldfish / Raisins	(7) A) Biscuits / Jelly B) Chicken Patti / Bread / Green Beans / Peaches C) Yogurt / Graham Crackers	(8) A) Pancakes B) Salisbury Steak / Bread / Mixed Vegetable / Bananas C) Granola Bars	(9) A) Bagels w / Cream Cheese B) Pizza / Salad / Ranch / Grapes / Cookies C) Trail mix
(12) A) Cheerios B) Chicken Nuggets / Corn / Mixed Fruit C) Cheese & Crackers	(13) A) French Toast Sticks B) Ham & Cheese Sand. / Carrots/ Ranch / Chips / Bananas C) Wheat Thins / Cream Cheese	(14) A) Pigs in a Blanket B) Spaghetti w/meat sauce / Mandarin Oranges / Peas & Carrots C) Animal Crackers / Raisins	(15) A) Waffles B) Thanksgiving Feast C) Goldfish / Raisins	(16) A) Bean & Cheese Tacos B) Pizza / Green Beans / Apple slices / Cookies C) Trail Mix
(19) A) Cheerios B) Hot Dogs / Bread / Carrots / Pineapple C) Cheese Wraps	(20) A) Cheese Toast B) Tuna Sand. / Cucumbers / Ranch / Chips / Oranges C) Graham Crackers / Pudding	(21) A) Blueberry Muffins B) Pizza / Salad / Ranch / Bananas / Cookies C) Granola Bars	(22) Thanksgiving Day Center Closed	(23) Center Closed
(26) A) Cheerios B) Beanie Weenies / Green Beans / Mixed Fruit C) Baked Cheese Crackers	(27) A) Bagels w/ Cream Cheese B) Hamburgers / Bread / Corn / Pineapple C) Pretzels / Cheese Sticks	(28) A) English Muffins B) Chicken Salad Sand. / Ranch / Carrots / Grapes / Chips C) Applesauce / Animal Crackers	(29) A) Malt o Meal B) Mac & Cheese w/Beef / Mixed Vegetables / Apple slices C) Goldfish / Raisins	(30) A) Blueberry Muffins B) Pizza / Salad / Ranch / Oranges / Cookies C) Trail Mix
A) Breakfast (Milk & Water)	B) Lunch (Milk & Water)	C) P.M. Snack (Juice & Water)		

If your child is on the allergy list please put a line through the food item they cannot have and return the menu in your child's folder. Please provide a substitution for that item.