

Child's Name: _____ Kids of the Kingdom Episcopal School Menu (September 2017)

Mon	Tue	Wed	Thu	Fri
				(1) A) Bean & Cheese Tacos B) Raisins C) Pizza / Green Beans / Cookies D) Granola Bars
(4) Center Closed Labor Day	(5) A) Cheerios B) Apple Slices C) Ham & Cheese Sand. / Carrots / Chips / Ranch Dressing D) Goldfish	(6) A) Oatmeal B) Bananas C) Beanie Weenies / Bread / Mixed Veggies D) Trail Mix	(7) A) Biscuits / Jelly B) Oranges C) Chicken Nuggets / Bread / Corn D) Granola Bars	(8) A) Blueberry Muffins B) Grapes C) Pizza / Green Beans / Cookies D) Baked Cheese Crackers
(11) A) Cheerios B) Applesauce C) Chicken Patties / Bread / Corn D) Yogurt / Vanilla Wafers	(12) A) Cheese Toast B) Raisins C) Hot Dogs / Bread / Carrots D) Pretzels / Cheese Sticks	(13) A) Pigs in a Blanket B) Bananas C) Turkey Sand. / Cucumbers / Chips / Ranch Dressing D) Goldfish	(14) A) Bagels w/ Cream Cheese B) Grapes C) Rice w/ Beef / Mixed Vegetables D) Trail Mix	(15) A) Pancakes B) Apple Slices C) Pizza / Green Beans / Cookies D) Cheese & Crackers
(18) A) Cheerios B) Raisins C) Mac & Cheese w/ Beef / Corn D) Vanilla Pudding / Graham Crackers	(19) A) Blueberry Muffins B) Apple Slices C) Tuna Sand. / Chips / Cucumbers / Ranch Dressing D) Cheese & Crackers	(20) A) Cinnamon Toast B) Bananas C) Hamburgers / Bread / Carrots D) Pretzels / Cheese Sticks	(21) A) Oatmeal B) Cantaloupe C) Ravioli / Bread / Mixed Vegetables D) Goldfish	(22) A) Waffles B) Oranges C) Pizza / Green Beans / Cookies D) Trail Mix
(25) A) Cheerios B) Applesauce C) Fish Sticks / Bread / Carrots D) Baked Cheese Crackers	(26) A) Pancakes B) Grapes C) Beanie Weenies / Bread / Mixed Vegetables D) Yogurt / Graham Crackers	(27) A) Biscuits w/ Sausage B) Bananas C) Chicken Salad Sand. / Carrots / Chips / Ranch Dressing D) Goldfish	(28) A) Cheese Toast B) Cantaloupe C) Mac & Cheese w/ Beef / Corn D) Vanilla Pudding / Animal Crackers	(29) A) Bean & Cheese Tacos B) Raisins C) Pizza / Green Beans / Cookies D) Cheese & Crackers
A) Breakfast (Milk & Water)	B) A.M. Snack (Water)	C) Lunch (Milk & Water)	D) P.M. Snack (Juice)	

If your child is on the allergy list please put a line through the food item they cannot have and return the menu in your child's folder. Please provide a substitution for that item.