

Child's Name: _____

Kids of the Kingdom Episcopal School Menu (JULY 2017)

Mon	Tue	Wed	Thu	Fri
(3) School Closed	(4) School Closed (4Th July)	(5) A) Cheerios B) Raisins C) Pizza / Green Beans / Cookies D) Baked Cheese Crackers	(6) A) Pancakes B) Applesauce C) Hot Dogs / Bread / Corn D) Granola Bars	(7) A) Bagels w/ Cream Cheese B) Grapes C) Ham & Cheese Sand / Cucumbers / Ranch Dressing / Chips D) Goldfish Crackers
(10) A) Cheerios B) Oranges C) Mac & Cheese w/ Beef / Corn D) Pretzels / Cheese Sticks	(11) A) Oatmeal B) Raisins C) Tuna Sandwiches / Carrots / Chips / Ranch Dressing D) Trail mix	(12) A) Cheese Toast B) Bananas C) Chicken Nuggets / Bread / Mixed Veggies D) Yogurt / Wafers	(13) A) Biscuits / Jelly B) Cantaloupe C) Ravioli / Bread / Carrots D) Cheese Wraps	(14) A) Blueberry Muffins B) Oranges C) Pizza / Green Beans / Cookies D) Cheese & Crackers
(17) A) Cheerios B) Apple Slices C) Chicken Patti / Bread / Carrots D) Baked Cheese Crackers	(18) A) Pigs in a Blanket B) Grapes C) Tuna Sand. / Chips / Cucumbers / Ranch Dressing D) Yogurt / Graham Crackers	(19) A) English Muffins w/ Sausage B) Bananas C) Chicken & Rice / Mixed Veggies D) Apple Butter Sandwich	(20) A) Waffles B) Applesauce C) Hot Dogs / Bread / Carrots D) Granola Bar	(21) A) Bean & Cheese Tacos B) Raisins C) Pizza / Green Beans / Cookies D) Trail Mix
(24) A) Cheerios B) Apple Slices C) Spaghetti w/ Meat Sauce / Mixed Veggies D) Cheese Wrap	(25) A) Blueberry Muffins B) Raisins C) Turkey & Cheese Sand. / Chips / Carrots / Ranch Dressing D) Pretzels & Cheese	(26) A) Cinnamon Toast B) Bananas C) Rice & Beef / Corn D) Trail Mix	(27) A) Oatmeal B) Cantaloupe C) Hamburger / Bread / Carrots D) Cheese & Crackers	(28) A) Pancakes B) Grapes C) Pizza / Green Beans / Cookies D) Granola Bars
(31) A) Cheerios B) Applesauce C) Beanie Weenies / Bread / Corn D) Baked Cheese Crackers				
A) Breakfast (Milk & Water)	B) A.M. Snack (Water)	C) Lunch (Milk & Water)	D) P.M. Snack (Juice)	

If your child is on the allergy list please put a line through the food item they cannot have and return the menu in your child's folder. Please provide a substitution for that item.